



Autism
Assistance
Dogs
Ireland

TEAM AADI · ICELAND 2027



NORTHERN LIGHTS TREK 2027

Take on Iceland. Help another child find their Assistance Dog.

Five days. Around 30km on foot. One extraordinary fundraising challenge for Autism Assistance Dogs Ireland.

24 – 28 February 2027

LOCATION

Iceland

DURATION

5 days

DISTANCE

≈ 30km

GRADING

Tough (2)



THE REASON

For an autistic child, an Assistance Dog can change what everyday life looks like.

A busy town. A hospital appointment. A family meal out. Somewhere new, with greater safety and confidence.

Families never pay for their Assistance Dog.



DANIEL & PIPER · FAMILY STORY

€25,000

That's what it takes to breed, train, place and support one Autism Assistance Dog.

Since Piper joined the family, Daniel has become noticeably calmer and the family can do much more together. Daniel was able to sit through his entire First Holy Communion ceremony. As huge GAA fans, they can now enjoy matches together, knowing Piper is there to help him feel safe and comfortable.

Your €4,000 target is more than a number. It is part of the journey towards another life-changing partnership.

BREED

RAISE

TRAIN

MATCH

PLACE

SUPPORT

When you ask someone to sponsor your Lapland challenge, this is the kind of partnership they are helping AADI create.



THE CHALLENGE

The adventure waiting for you

Trek for three days through Iceland's winter landscape: snow-covered mountain passes, steaming geothermal valleys and the shores of its largest natural lake.



30km

ON FOOT



3 days

TREKKING



Winter

LANDSCAPES



Pingvallavatn

RIFT VALLEY LAKE



Geothermal

VALLEY



Thermal

RIVERS



Northern

LIGHTS



Reykjavík

FINISH

No previous trekking experience needed. Training required.

Your road to Iceland.

01

Sign up

Secure your place on Team AADI.

€500

REGISTRATION FEE

02

Start fundraising

Build your total with support from AADI.

€4,700

YOUR TARGET

03

Reach 50%

Received by AADI by end of December 2026

€2,350

BY DEC 2026

04

Get trek-ready

Train and prepare your kit for winter trekking, with support from AADI and Global Adventure Challenges.

05

Take on Iceland

Three days and around 30km on foot through Iceland's winter landscape.

24 – 28
February 2027

06

Complete your fundraising

The final 50% after the challenge.

€2,350

BY FEB 2027



You won't do it alone.

You bring the commitment. We'll help you get to the start line.



FUNDRAISING

Ideas, guidance and support to help you work towards your target.



STORYTELLING

AADI stories and content to show supporters why their donation matters.



TRAINING

Training plans and preparation support to get you ready for three days of winter trekking.



TEAM AADI

Check-ins, encouragement and a community taking on the challenge with you.

Global Adventure Challenges also provides challenge preparation information, kit guidance and training support.

Five days in the land of fire and ice.

1

Arrive

Fly to Keflavík. Meet your guides at Útljótuvatn.

2

Lake Þingvallavatn

Old sheep trails and geothermal areas.

Approx. 10km

3

Hengill to Vörðuskeggi

Mountain pass, approx. 400–600m.

Approx. 10km

4

Geothermal Valley

Steam vents, hot springs and thermal pools.

Approx. 10km

5

Home

Optional Blue Lagoon, then fly home.





CHALLENGE GRADING

Tough (2)

Graded 1 to 3: Challenging, Tough, Extreme.
Achievable for people of different abilities
who train beforehand.

Are you ready?



How fit do I need to be?

You'll need to train beforehand.
Expect three consecutive days on
foot, covering around 30km in
total over winter terrain.



What will I actually be doing?

Trekking around 10km a day over
snow, trails and a mountain pass,
carrying only a small day pack.
Regular rest stops are built in.



Is this challenge for me?

It's a challenge, not a race. If you
have any doubts about mobility or
a medical condition, talk to us
before registering.

Minimum age 18. Participants aged 14–17 must be accompanied by a parent or legal guardian.



What's included.



FLIGHTS

Return flights from London to Keflavík.



ACCOMMODATION

One night in a hotel (twin share) and three nights in a hostel (same-sex dorms).



MEALS

All meals from dinner on Day 1 to breakfast on Day 5, plus a celebration dinner in Reykjavík.



TRANSFERS

All transfers as listed in the itinerary.



EXPERT GUIDES

Local English-speaking guides and a Global Adventure Challenges UK leader.



SAFETY & SUPPORT

First aid kit, risk management and 24-hour emergency support.

NOT INCLUDED

Personal trekking kit · Travel insurance · Tips and gratuities · Alcoholic drinks · Blue Lagoon entry (allow approx. £85–£90)

CHALLENGE OPERATOR

Operated on behalf of Autism Assistance Dogs Ireland by Global Adventure Challenges. 01244 676 454 · globaladventurechallenges.com



THE CHALLENGE · FAQ

Your questions, answered.

Everything you need to know before joining Team AADI in Iceland.



What's the challenge?

Three days of trekking, around 30km in total, through Iceland's winter landscape: lakes, mountain passes and the Geothermal Valley. Conditions permitting, you'll watch for the Northern Lights. It finishes with a celebration in Reykjavík.



How fit must I be?

The challenge is graded **Tough (2)**. You don't need to be an elite athlete, but you will need to train beforehand to trek on three days in a row.



Do I need trekking experience?

No. Local guides and a Global Adventure Challenges leader support you throughout, and they choose each route according to the conditions.



What will I be doing?

Trekking around 10km a day on trails, snow-covered ground and a mountain pass, with a chance to dip in a natural thermal river.



What if I get tired?

This is a challenge, not a race. Regular rest stops are built in, and you'll only carry a small day pack.



What kit do I need?

Broken-in trekking boots and waterproof clothing are essential. Personal trekking kit isn't provided. A full kit list follows registration.



Fundraising for AADI.

€4,350

How much do I raise?

Every Team AADI participant commits to a minimum of €4,350 for Autism Assistance Dogs Ireland.

€25,000

Where does it go?

The full journey of one Autism Assistance Dog: breeding, puppy development, specialist training, matching, placement and lifelong support.



Never fundraised before?

That's fine. You don't need a plan on day one. We'll help you turn your ideas and networks into one, step by step.

Before your challenge.



Personal challenge hub



Itinerary & kit list



Training plan



Fundraising advice



Customer Care support



Financial protection



Medical screening



Risk management

NOT INCLUDED Personal trekking kit · Travel insurance · Tips and gratuities · Alcoholic drinks · Blue Lagoon entry



**Take on the adventure of a lifetime.
Help open up a world of possibilities
for an autistic child like Jack.**

Challenge operated by Global Adventure Challenges
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